

UW Medicine

UW SCHOOL  
OF MEDICINE

# 15<sup>th</sup> Annual John D. Loeser Pain Conference



Thursday, November 10, 2022

7:45 AM - 5:15 PM Pacific Time

Online via Live Webinar

Sponsored by UW School of Medicine  
Department of Anesthesiology & Pain Medicine  
Office of Continuing Medical Education

# 15th Annual John D. Loeser Pain Conference

November 10, 2022

## TARGET AUDIENCE

Primary care providers (PCPs), including MDs, DOs, ARNPs, NPs, and PAs working in clinic settings where they work with acute or chronic non-cancer pain. Other interested parties may include providers in rehabilitation medicine, occupational medicine, psychiatry, psychology, nursing, physical therapy, social work, pharmacy and trainees in all the above fields.

## COURSE DESCRIPTION

Pain is one of the most common reasons for people to seek medical care, and Primary Care Providers (PCPs) are the most important providers of acute and chronic pain care for adults and children in the United States. Chronic pain is highly associated with disability, depression, anxiety, prescription opioid use and misuse, and worse outcomes of medical and surgical problems.

The 15th Annual John D. Loeser Pain Conference offers PCPs a changing annual focus to allow providers to meet current topical needs to enable them to meet changing guidelines and new rules, and to allow attendees to focus on subjects that are particularly relevant to their practice and evolving clinical practice competency needs.

## ACCREDITATION

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this live activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## REGISTRATION FEES

<b>All Learners</b>	<b>\$200.00</b>
<b>*Resident/Fellow</b>	<b>\$125.00</b>

*\*Resident/Fellow rate requires written confirmation of current status. Please submit documentation of current status to [cme@uw.edu](mailto:cme@uw.edu) within 72 hours of registration. Failure to provide required documentation may result in an additional balance owed.*

## CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **October 20, 2022**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **October 20, 2022**.

The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions via email: [cme@uw.edu](mailto:cme@uw.edu).

Prior to the start of a live webinar, please ensure you have the appropriate system requirements to view the live webinar. More information about the recommended technical requirements is below. No refunds will be available for technical issues not controlled by UW CME.

If you have not received confirmation prior to the course start, please contact the CME office at [cme@uw.edu](mailto:cme@uw.edu). Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.



## COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Review the new ICD-11 pain classification.
- Describe treatment strategies for common pain problems including pelvic pain, IBS, and orofacial pain.
- Develop a plan for your patients with long-COVID-19 syndrome, including pain and fatigue.
- Construct a treatment for patients with opioid use disorder (OUD) seeking buprenorphine treatment.
- Identify the implications of the upcoming CDC guidelines on opioid prescribing.

## ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at [uwcm.org](http://uwcm.org) (for conference registrants only). Materials will be available beginning on **November 3, 2022**, for registrants to print and/or download. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live webinar; no credit is available for watching the recorded lectures.

## WEBINAR TECHNICAL REQUIREMENTS

Additional technical requirements can be found on the UWCME website ([uwcm.org](http://uwcm.org)). Minimum browser requirements for successful access and completion for this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer;
- Internet Explorer and Safari **are not recommended** with the UWCME website ([uwcm.org](http://uwcm.org)).

You may use any browser to view the Zoom webinar.

## SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations.

The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance.

Disability Services Office  
206.543.6450/Voice 206.685.7264/Fax email: [dso@uw.edu](mailto:dso@uw.edu)



# Conference Faculty

## Course Chair

**Rebecca Dale, DO**

Assistant Professor

Department of Anesthesiology & Pain Medicine

Board Certified Osteopath and Anesthesiologist Director

UW Medical Center - Roosevelt

Harborview Medical Center

## Course Faculty

**Jane Ballantyne, MD, FRCA**

Professor Emeritus

Department of Anesthesiology & Pain  
Medicine

Director, Pain Medicine Fellowship

UW Medical Center

**Jessica Bender, MD, MPH**

Clinical Assistant Professor

Co-Medical Director, UW Post-COVID

Rehabilitation & Recovery Clinic

Division of General Internal Medicine

Harborview Medical Center

**Deborah Dowell, MD, MPH**

CAPT, US Public Health Service

Chief Clinical Research Officer, Division of  
Overdose Prevention

CDC - National Center for Injury Prevention  
and Control

**Mark Drangsholt, DDS, MPH, PhD**

Professor and Chair,

Department of Oral Medicine

Department of Oral Health Sciences

University of Washington

**Gary Franklin, MD, MPH**

Research Professor

UW Department of Environmental and  
Occupational Health Sciences

Chair, Washington State Department of  
Labor & Industries

University of Washington

**John D. Loeser, MD**

Professor Emeritus

Departments of Neurological Surgery and  
Anesthesiology & Pain Medicine

**Jeff Metzger, ND**

Naturopathic Phyciscian

Seattle Digestive Health

**Pam Pentin, MD**

Associate Professor

Department of Family Medicine

UW School of Medicine

**Molly Riley, DPT**

Pelvic Health Specialist

UWMC-NW Outpatient Therapies Clinic

**Drew Sturgeon, PhD**

Assistant Clinical Professor

Department of Anesthesiology & Pain  
Medicine University of Michigan

**Mark Sullivan, MD, PhD**

Professor

Department of Psychiatry & Behavioral Sciences  
Medical Co-Director of UW Telepain

Adjunct Professor

Department of Anesthesiology & Pain  
Medicine Department of Bioethics and  
Humanities

# Conference Schedule: Thursday, November 10

All times listed are in Pacific Time

- 7:45 Welcome and Introduction - *Rebecca Dale, DO*  
8:00 Keynote Address: Expanding the Pain Doctors Office to Family & Work - *John D. Loeser, MD*  
8:30 The New WHO Pain Classifications & What It May Mean in Medical Practice  
*Mark Sullivan, MD, PhD*  
9:15 Naturopathic Approach to IBS - *Jeff Metzger, ND*  
9:45 TMD and Burning Mouth - *Mark Drangsholt, DDS, MPH, PhD*

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## 10:15 Break

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- 10:30 Pain and Fatigue in Long COVID - *Jessica Bender, MD*  
11:15 Psychological Management for Patients with Complex Biopsychosocial Backgrounds  
*Drew Sturgeon, PhD*  
12:00 How Pelvic Health Physical Therapy Can Help Your Patients' Pain - *Molly Riley, DPT*  
12:30 Chronic Pain Panel Discussion

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## 1:00 Lunch Break

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- 1:30 CDC Guidelines vs. WA State Guidelines - *Gary Franklin, MD, MPH*  
2:15 The Brain on Opioids - *Jane Ballantyne, MD*  
3:00 Buprenorphine - *Pam Pentin, MD*

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## 3:45 Break

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- 4:00 What's New in the CDC Clinical Practice Guideline for Prescribing Opioids for Pain  
*Deb Dowell, MD, MPH*  
4:45 Opioids Panel Discussion

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## 5:15 Adjourn



For course details and registration, visit [uwcme.org](http://uwcme.org)  
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Email [cme@uw.edu](mailto:cme@uw.edu)